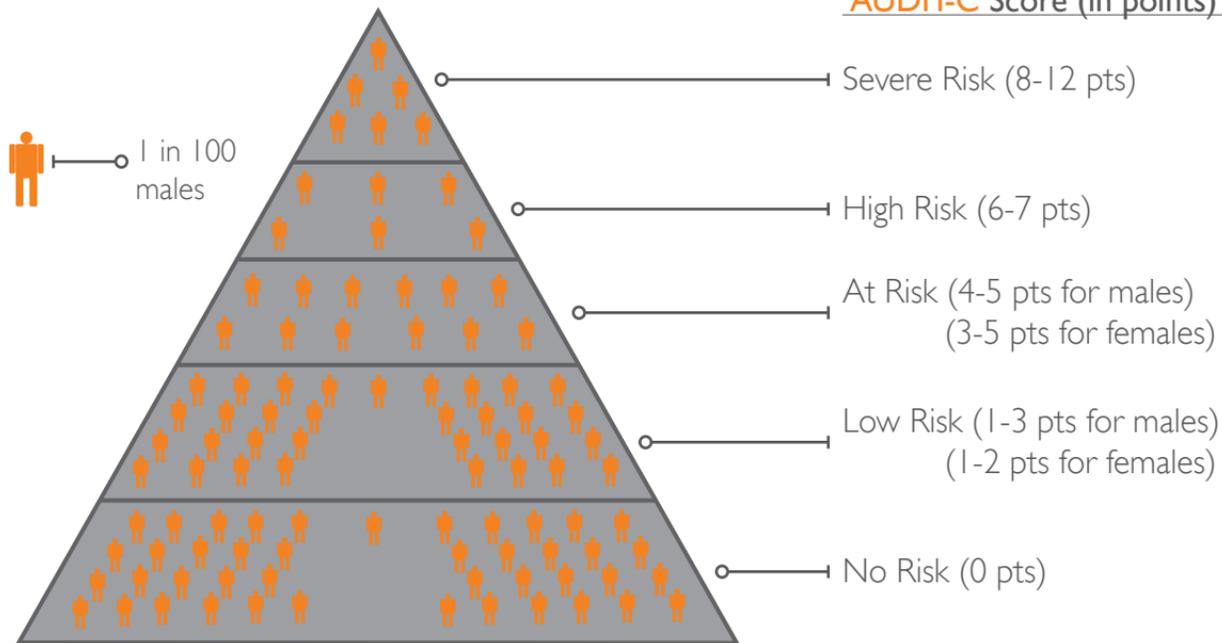


What are the chances that alcohol will harm you?

AUDIT-C Score (in points)



The **AUDIT-C** is a questionnaire given to thousands of veterans. This triangle shows how your drinking compares to theirs.

Men who score 4 or higher and women who score 3 or higher are likely to be harmed from drinking — even if they do not have hepatitis C.

What is the AUDIT-C?

The AUDIT-C is an alcohol screen that can help identify patients who are hazardous drinkers or have active alcohol use disorders (including alcohol abuse or dependence). The AUDIT-C questions are:

Q1. How often did you have a drink containing alcohol in the past year?

<u>Answer</u>	<u>Points</u>
Never	0
Monthly or less	1
Two or four times a month	2
Two or three times a week	3
Four or more times a week	4

Q2. How many drinks did you have on a typical day when you were drinking in the past year?

<u>Answer</u>	<u>Points</u>
None, I do not drink	0
1 or 2	0
3 or 4	1
5 or 6	2
7 to 9	3
10 or more	4

Q3. How often did you have six or more drinks on one occasion in the past year?

<u>Answer</u>	<u>Points</u>
Never	0
Less than monthly	1
Monthly	2
Weekly	3
Daily or almost daily	4

Range: AUDIT-C scores can range from 0 to 12.

Ask: What would you guess your score is?

Normal: Over 1/3 of all veterans score 0, and all veterans with hepatitis C should be in the No Risk zone.

Give score: Based on your answers to the AUDIT-C, your score was _____.

Elicit response: What do you think about that?